

Useful Contact Information



**action
mental
health**

Action Mental Health

27 Jubilee Road
Newtownards
Co Down
BT23 4YH

028 9182 8494
info@amh.org.uk
www.amh.org.uk

Action Mental Health is a local charity providing a range of mental health recovery services to support people with mental health difficulties who wish to return to employment, those who would benefit from counselling and a range of resilience building programmes that can be delivered in schools, community organisations and workplaces.

Advice NI



Forestview,
Purdy's Lane
Belfast
BT8 7AR

0800 915 4604
advice@adviceni.net
www.adviceni.net

Advice NI provides free and confidential advice on benefits, debt and money, business debt, EU settlement scheme, tax credits and HMRC products & services.



Age NI

3 Lower Crescent
Belfast
BT7 1NR

0808 808 7575
advice@ageni.org
www.ageuk.org.uk

Age NI offers free independent and confidential advice to older people, their families, and carers on a range of issues including care, health, housing, and money.

Useful Contact Information



Christian Against Poverty

Second Floor
103–113 Ravenhill Road
Belfast
BT6 8DR

0800 328 0006
info@capuk.org
www.capuk.org

Christians Against Poverty provides free independent debt advice, supporting you all the way to becoming debt free - as well as helping you manage your finances better.



Disability Action

Portside Business Park
189 Airport Road
West Belfast
BT3 9ED

028 9029 7880
HQ@disabilityaction.org
www.disabilityaction.org

Disability Action works to ensure that people with disabilities attain their full rights as citizens by supporting inclusion and changing attitudes in partnership with disabled people.

R N I B

See differently

Royal National Institute of Blind People

The Grimaldi Building
154a Pentonville Road
London
N1 9JE

0303 123 9999
helpline@rnib.org.uk
www.rnib.org.uk

RNIB is the leading sight loss charity in the UK and offers practical and emotional support to blind and partially sighted people, their families, and carers.

Useful Contact Information



St Vincent de Paul

196-200 Antrim Road
Belfast
BT15 2AJ

028 9035 1561

Info@svpni.co.uk

www.svp.ie/northern-ireland/

The society of St Vincent de Paul is a voluntary charitable in Northern Ireland. It focuses on a practical approach to dealing with poverty and offers direct assistance to those in need.



NOW Group

15-17 Grosvenor
Road
Belfast
BT12 4GN

028 9043 6400

admin@nowgroup.org

www.nowgroup.org

NOW Group is a social enterprise that works to help people gain qualifications and life/work experience and support them to move into jobs with a future.



NI Energy Advice Line Service

The Housing Centre
2 Adelaide Street
Belfast
BT2 8PB

0800 111 44 55

Nlenergyadvice@nihe.gov.uk

www.nihe.gov.uk/home

The NI Energy Advice Line Service offers free comprehensive advice and support on how to save energy in the home, energy efficiency advice and signposting for grants.

Useful Contact Information



The Consumer Council for Northern Ireland

**Floor 3
Seatem House
28-32 Alfred Street
Belfast
BT2 8EN**

**0800 121 6022
Info@consumercouncil.org.uk
www.consumercouncil.org.uk**

The Consumer Council is an independent consumer organisation, working to bring about change to benefit Northern Ireland consumers. Their aim is to give energy, water, transport, postal service, and food consumers a voice.



Utility Regulator

**Queens House
14 Queen
Street Belfast
BT1 6ED**

**028 9031 1575
info@uregni.gov.uk
www.uregni.gov.uk**

The Utility Regulator is responsible for regulating the electricity, gas, water, and sewerage industries in Northern Ireland, promoting the short and long-term interests of consumers.